

NORTHERN VIRGINIA SPINE INSTITUTE/RESTON MASTERS EIGHTH 2-MILE LAKE SWIM

SANCTIONED BY POTOMAC VALLEY LMSC FOR USMS, INC., SANCTION #105-004

LAKE AUDUBON, RESTON, VA

1/4 MILE OPEN WATER COURSE

MAY 28, 1995

MEET DIRECTORS

**GORDON GERSON
10913 KNIGHTS BRIDGE CT.
RESTON, VA 22090
703-845-SWIM**

**LYNNE HOOK
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703-845-SWIM**

Top 10 Overall

1	Paul A. Fetters (M 41)	42:21
2	Mark F. Heinrich (M 37)	42:30
3	Jeffrey H. Roddin (M 26)	42:46
4	Daniel H. Pick (M 38)	44:19
5	Bethany R. Williston (F 24)	44:46
6	David R. Brewton (M 36)	45:12
7	Katrina L. Poplawski (F 23)	45:24
8	Ellen MacGregor (F 28)	45:41
9	Beth O'Connor (F 34)	45:52
10	Timothy D. Fitzpatrick (M 31)	45:57

Top 10 Women

1	Bethany R. Williston (24)	44:46
2	Katrina L. Poplawski (23)	45:24
3	Ellen MacGregor (28)	45:41
4	Beth O'Connor (34)	45:52
5	Shirley A. Loftus (43)	47:45
6	Rose M. Kehoe (28)	48:03
7	Cynthia L. Hyland (34)	48:06
8	Mindy McLoughlin (31)	48:10
9	Martha E. Williams (36)	48:12
10	Cynthia M. Matthews (35)	48:53

Top 10 Men

1	Paul A. Fetters (41)	42:21
2	Mark F. Heinrich (37)	42:30
3	Jeffrey H. Roddin (26)	42:46
4	Daniel H. Pick (38)	44:19
5	David R. Brewton (36)	45:12
6	Timothy D. Fitzpatrick (31)	45:57
7	John Erb (38)	45:59
8	Duane E. Nedland (27)	46:03
9	Matthew W. Fetters (34)	46:25
10	John J. Blasic (28)	46:29

Wet Suit Division

Top Ten Women

1	Donna L. Neumann (31)	46:53
2	Kim F. Crilly (26)	49:24
3	Mary E. Mess (29)	49:47
4	Teri M. Valocchi (41)	53:27
5	Nancy T. Hunyady (36)	54:34
6	Tere M. O'Rourke (32)	55:18
7	Tacey A. Dugdale (34)	57:32
8	Amey R. Peltzer (28)	58:25
9	Robin W. Westbrook (44)	59:22
10	Stephanie Shipp (41)	59:28

Top Ten Men

1	Christopher M. Murphy (31)	52:53
2	Joseph E. Burns (31)	53:08
3	Kenneth A. Swain (45)	53:20
4	David A. Seager (34)	54:13
5	Byron L. Kolding (38)	54:42
6	Marty L. Leiter (29)	55:40
7	Mark S. Lander (34)	56:00
8	Patrick J. McNichol (33)	56:19
9	Kevin L. Petrasic (36)	56:23
10	Anthony R. Warner (40)	57:30

Age Group Scoring

Women: 19-24

F 1	Bethany R. Williston (24)	44:46	Ov 5 / F 1
F 2	Katrina L. Poplawski (23)	45:24	Ov 7 / F 2
1	Debra L. Nuckels (24)	55:24	Ov 67 / F 19
2	Jennifer A. Holland (22)	55:55	Ov 68 / F 20

Women: 25-29

F 3	Ellen MacGregor (28)	45:41	Ov 8 / F 3
1	Rose M. Kehoe (28)	48:03	Ov 28 / F 6
2	Michelle Carter (27)	50:16	Ov 42 / F 13
3	Laura M. Callif (27)	51:27	Ov 45 / F 15
4	Lauren E. Barton (28)	54:14	Ov 59 / F 17
5	Maryann Ring (29)	1:00:42	Ov 101 / F 34
6	Claire M. Gallagher (29)	1:04:26	Ov 115 / F 36
7	Nicola L. Short (25)	1:06:36	Ov 127 / F 40
8	Karin E. Byers (29)	1:06:44	Ov 129 / F 41

DQ Lori W. Beardsley (25) 1:08:28 wore wet suit
 Page Britigan (29) 59:35 wore wet suit
 Kim F. Crilly (26) 49:24 wore wet suit
 Mary E. Mess (29) 49:47 wore wet suit
 Amey R. Peltzer (28) 58:25 wore wet suit

Carolyn J. Owens (54) 51:14 did not finish
 Barbara Wandel (51) 17:30 did not finish
Men: 19-24
 1 Kevin C. Yao (24) 53:02 Ov 48 / M 33

Women: 30-34

1 Beth O'Connor (34) 45:52 Ov 9 / F 4
 2 Cynthia L. Hyland (34) 48:06 Ov 29 / F 7
 3 Mindy McLoughlin (31) 48:10 Ov 30 / F 8
 4 Penny S. Bates (33) 49:03 Ov 35 / F 11
 5 Michelle Poole (30) 49:21 Ov 38 / F 12
 6 Donna R. Lee (30) 53:30 Ov 53 / F 16
 7 Deborah J. Morrin (32) 57:23 Ov 79 / F 24
 8 Stacy K. Dymond (31) 59:13 Ov 90 / F 29
 9 Jeanne M. Grillo (33) 1:00:17 Ov 99 / F 33
 10 Maureen P. Hart (30) 1:02:25 Ov 110 / F 35
 11 Shelly K. Stein (32) 1:04:52 Ov 118 / F 37
 12 Alicia McCarthy-Delaney (31) 1:06:20 Ov 125 / F 38
 13 Leesa P. Anderson (31) 1:12:47 Ov 146 / F 45
 14 Susan Brannum (33) 1:14:07 Ov 148 / F 47
 DQ Tacey A. Dugdale (34) 57:32 wore wet suit
 Donna L. Neumann (31) 46:53 wore wet suit
 Tere M. O'Rourke (32) 55:18 wore wet suit

Men: 25-29

M 3 Jeffrey H. Roddin (26) 42:46 Ov 3 / M 3
 1 Duane E. Nedland (27) 46:03 Ov 12 / M 8
 2 John J. Blasic (28) 46:29 Ov 14 / M 10
 3 Stephen C. Ellis (25) 46:52 Ov 17 / M 13
 4 Brian W. Ellis (27) 47:53 Ov 26 / M 21
 5 Brian C. Crilly (26) 49:52 Ov 41 / M 29
 6 Arjay West (29) 54:06 Ov 58 / M 42
 DQ Marty L. Leiter (29) 55:40 wore wet suit

Men: 30-34

1 Timothy D. Fitzpatrick (31) 45:57 Ov 10 / M 6
 2 Matthew W. Fetters (34) 46:25 Ov 13 / M 9
 3 James E. Crosby (30) 48:10 Ov 30 / M 23
 4 Chris Buchner (34) 49:10 Ov 36 / M 25
 5 Justin H. Kenney (32) 49:32 Ov 39 / M 27
 6 Philip A. Pommerening (31) 53:08 Ov 49 / M 34
 7 Jonathan Atkin (31) 53:17 Ov 51 / M 36
 Michael J. Espino (31) 53:17 Ov 51 / M 36
 9 Patrick W. Reilly (33) 54:14 Ov 59 / M 43
 10 Tucker Newberry (32) 54:25 Ov 63 / M 45
 11 Jerry C. Sandberg (34) 57:11 Ov 78 / M 55
 12 David L. Jones (34) 1:00:24 Ov 100 / M 67
 13 Patrick B. McNabb (34) 1:00:44 Ov 102 / M 68
 14 William G. Davis (30) 1:02:32 Ov 111 / M 76
 15 Thomas C. Schuler (34) 1:04:34 Ov 117 / M 81
 16 James A. Martin (30) 1:05:43 Ov 122 / M 85
 17 Charles A. Hazard (33) 1:06:38 Ov 128 / M 88
 18 Jay S. McLaughlin (33) 1:09:30 Ov 140 / M 98
 DQ Alan S. Arnett (32) 1:11:28 wore wet suit
 Joseph E. Burns (31) 53:08 wore wet suit
 Joseph M. Deangelo (31) 57:45 wore wet suit
 Mark S. Lander (34) 56:00 wore wet suit
 Patrick J. McNichol (33) 56:19 wore wet suit
 Rob L. Morris (31) 1:00:09 wore wet suit
 Christopher M. Murphy (31) 52:53 wore wet suit
 David A. Seager (34) 54:13 wore wet suit

Women: 35-39

1 Martha E. Williams (36) 48:12 Ov 32 / F 9
 2 Cynthia M. Matthews (35) 48:53 Ov 34 / F 10
 3 Linda G. Fournier (36) 50:30 Ov 44 / F 14
 4 Marilyn J. Brasier (39) 56:33 Ov 72 / F 21
 5 Ann Conlin (35) 56:35 Ov 73 / F 22
 6 Wendy A. Friedland (37) 57:07 Ov 77 / F 23
 7 Elizabeth A. Murray (35) 57:23 Ov 79 / F 24
 8 Pamela L. Shoaff (35) 58:32 Ov 87 / F 27
 9 Marianne N. Michalakakis (36) 58:42 Ov 88 / F 28
 10 Kathy A. Levinton (38) 59:48 Ov 96 / F 32
 11 Mary Agnes Carey (35) 1:08:47 Ov 137 / F 42
 12 Susan R. Sokoll (36) 1:11:59 Ov 142 / F 43
 13 Suzanne W. Doggett (37) 1:12:28 Ov 144 / F 44
 DQ Nancy T. Hunyady (36) 54:34 wore wet suit
 Joanne M. McCallum (39) 40:47 did not finish
 Sandy Thurston (37) 1:02:08 wore wet suit

Women: 40-44

1 Shirley A. Loftus (43) 47:45 Ov 25 / F 5
 2 Morgan Kulla (43) 54:17 Ov 61 / F 18
 3 Cheryl A. Wagner (42) 58:27 Ov 86 / F 26
 4 Julie L. Corpus (41) 59:39 Ov 94 / F 30
 5 Katy Demarr (42) 59:41 Ov 95 / F 31
 6 Elizabeth A. Dobisz (41) 1:06:20 Ov 125 / F 38
 DQ Lyn N. Carroll (42) 1:13:42 wore wet suit
 Catherine E. Ostell (40) 1:00:35 wore wet suit
 Stephanie Shipp (41) 59:28 wore wet suit
 Teri M. Valocchi (41) 53:27 wore wet suit
 Robin W. Westbrook (44) 59:22 wore wet suit

Women: 45-49

1 Gayle F. Gordon (48) 1:13:11 Ov 147 / F 46
 2 Darlene H. Gallaway (49) 1:15:06 Ov 149 / F 48
 3 Maureen George (48) 1:18:03 Ov 151 / F 49

Women: 50-54

DQ Jane B. Anthony (50) 1:21:28 wore wet suit
 Linda S. Carter (53) 1:11:43 wore wet suit
 Karen I. Hannam (54) 1:07:31 wore wet suit

Men: 35-39

M 2 Mark F. Heinrich (37) 42:30 Ov 2 / M 2
 1 Daniel H. Pick (38) 44:19 Ov 4 / M 4
 2 David R. Brewton (36) 45:12 Ov 6 / M 5
 3 John Erb (38) 45:59 Ov 11 / M 7
 4 Thomas A. Denes (37) 46:53 Ov 18 / M 14
 5 Jim Peden (35) 47:16 Ov 21 / M 17
 6 Rodney D. Peltzer (38) 47:25 Ov 22 / M 18
 7 Kevin P. Kirchner (39) 47:32 Ov 23 / M 19
 8 Brian R. Hobbs (37) 48:16 Ov 33 / M 24
 9 Robert J. Inlow (36) 49:40 Ov 40 / M 28
 10 Evan J. Parker, III (39) 50:29 Ov 43 / M 30
 11 Edward M. Lussier (36) 53:10 Ov 50 / M 35
 12 Charles D. Butz (39) 53:47 Ov 55 / M 39
 13 Chris W. Kenney (39) 53:50 Ov 57 / M 41
 14 Joseph G. Giitter (35) 54:34 Ov 64 / M 46
 15 David E. Siskind (36) 54:43 Ov 65 / M 47
 16 Kurt P. Smith (35) 56:06 Ov 70 / M 50
 17 Paul M. Kivistik (37) 56:42 Ov 74 / M 52
 18 Ronald M. Katz (37) 57:26 Ov 81 / M 56
 19 Stephen A. Haight (37) 58:11 Ov 83 / M 58

20	Andrew D. Rudin (37)	59:24	Ov 91 / M 62
21	David G. Walter (35)	59:32	Ov 93 / M 64
22	Robert E. Srour (37)	59:48	Ov 96 / M 65
23	Peter A. Hutchinson (35)	1:01:15	Ov 104 / M 70
24	Tom P. Dougherty (37)	1:01:32	Ov 106 / M 72
25	Chuck Kusbit (39)	1:01:52	Ov 107 / M 73
26	Richard J. Walberg (36)	1:02:09	Ov 108 / M 74
27	John B. Bernsten (35)	1:05:29	Ov 121 / M 84
28	Leonard B. Jansen (39)	1:06:54	Ov 131 / M 90
29	Eric Kinneman (37)	1:07:35	Ov 133 / M 92
30	Phillip L. Pearl (36)	1:07:52	Ov 134 / M 93
31	Ian Fitzsimmons (36)	1:08:52	Ov 138 / M 96
DQ	Charles A. James, Jr. (39)	1:18:44	wore wet suit
	Byron L. Kolding (38)	54:42	wore wet suit
	Kevin L. Petrasic (36)	56:23	wore wet suit
	Robin L. Roberts (38)	1:02:38	wore wet suit
	David M. Rudorfer (39)	1:15:34	wore wet suit

Men: 40-44

M 1	Paul A. Feters (41)	42:21	MR Ov 1 / M 1
1	John C. Mason (44)	46:39	Ov 15 / M 11
2	Robert J. Astheimer (41)	46:47	Ov 16 / M 12
3	David D. Casto (42)	47:14	Ov 20 / M 16
4	Lawrence Demille-Wagman (43)	47:38	Ov 24 / M 20
5	James M. MacKenzie (41)	52:59	Ov 47 / M 32
6	Jim Desrosiers (40)	54:19	Ov 62 / M 44
7	Jeffrey S. Davis (43)	56:50	Ov 75 / M 53
8	Elliot M. Rockler (44)	57:46	Ov 82 / M 57
9	James S. Horwitz (41)	58:19	Ov 85 / M 60
10	James J. McDonnell (43)	58:45	Ov 89 / M 61
11	Martin Arase (41)	1:00:57	Ov 103 / M 69
12	James P. Pastorick (41)	1:02:41	Ov 112 / M 77
13	Joseph H. Kasimer (44)	1:04:33	Ov 116 / M 80
14	Rob Dobry (40)	1:08:25	Ov 135 / M 94
15	Raleigh E. Conway (42)	1:12:32	Ov 145 / M 101
DQ	Nicholas Fitzgerald (41)	28:22	did not finish
	Marc P. Parvin (41)	1:12:32	wore wet suit
	Tom A. Roller (41)	1:13:37	wore wet suit
	Steve A. Schrier (43)		wore wet suit
	Anthony R. Warner (40)	57:30	wore wet suit

Men: 45-49

1	Bruce D. Fisher (46)	46:55	Ov 19 / M 15
2	John R. Shrum (46)	48:02	Ov 27 / M 22
3	Robert G. Lazzaro (45)	49:12	Ov 37 / M 26
4	Nick Olmos-Lau (49)	53:49	Ov 56 / M 40
5	John H. Post (47)	55:20	Ov 66 / M 48
6	David C. Harmon (45)	56:03	Ov 69 / M 49
7	Alan N. Pollin (48)	56:54	Ov 76 / M 54
8	Michael C. Aaby (46)	59:27	Ov 92 / M 63
9	David L. Sachleben (46)	59:55	Ov 98 / M 66
10	Larry S. Snowwhite (48)	1:05:15	Ov 119 / M 82
11	Robert B. Adams, Jr. (45)	1:06:19	Ov 124 / M 87
12	Bob Aitcheson (48)	1:07:05	Ov 132 / M 91
13	Ralph K. Joseph (48)	1:08:42	Ov 136 / M 95
14	Thomas B. Newman (46)	1:09:16	Ov 139 / M 97
15	Charles J. Roger (47)	1:17:23	Ov 150 / M 102
DQ	Lee Aulisio (48)	1:02:08	wore wet suit
	Robert A. Axelrod (47)	58:22	wore wet suit
	John L. Hanrahan (49)	1:19:44	wore wet suit
	John C. Moll (45)	16:58	did not finish
	Joseph J. Romano (46)	1:10:55	wore wet suit
	Kenneth Shipp (47)	1:07:01	wore wet suit

Kenneth A. Swain (45)	53:20	wore wet suit
William F. Van Antwerp (49)	1:01:30	wore wet suit
Reeves C. Westbrook (45)	1:12:47	wore wet suit

Men: 50-54

1	Robert R. Williams (52)	52:12	Ov 46 / M 31
2	Willis C. Braswell, Jr. (50)	53:34	Ov 54 / M 38
3	Larry J. Curran (51)	56:07	Ov 71 / M 51
4	Neil Medoff (52)	58:16	Ov 84 / M 59
5	Julio Aponte (50)	1:02:17	Ov 109 / M 75
6	Howard Polster (52)	1:05:43	Ov 122 / M 85
DQ	Vernon S. Ellingstad (52)	1:12:19	wore wet suit
	James A. Sebben (54)	1:21:13	wore wet suit

Men: 55-59

1	Terry L. Smith (55)	1:01:25	Ov 105 / M 71
2	Donald F. Walter (59)	1:03:59	Ov 114 / M 79
3	Robert E. Stein (56)	1:05:27	Ov 120 / M 83
4	James J. Gray (59)	1:11:16	Ov 141 / M 99
5	Philip G. Burkhalter (57)	1:24:32	Ov 152 / M 103
DQ	William Collins (59)	1:22:45	wore wet suit
	Peter J. Nickles (56)	1:04:55	wore wet suit

Men: 60-64

1	H. Donald Messer (64)	1:03:48	Ov 113 / M 78
2	Doug Brogan (62)	1:06:49	Ov 130 / M 89
3	Tazewell Banks (63)	1:29:04	Ov 153 / M 104
DQ	James M. Dillard (60)	21:21	did not finish
	Bill Kenney (62)	9:58	did not finish

Men: 65-69

1	Fred S. Froelicher (67)	1:12:17	Ov 143 / M 100
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Women's Team Event

Women: 25+

1	Reston Masters Swim Team	2:25:19	MR
	Cynthia L. Hyland (34 48:06)		
	Mindy Mcloughlin (31 48:10)		
	Penny S. Bates (33 49:03)		
2	Fairfax County Masters	2:31:22	
	Ellen Macgregor (28 45:41)		
	Laura M. Callif (27 51:27)		
	Lauren E. Barton (28 54:14)		
3	Terrapin Masters	2:49:20	
	Donna R. Lee (30 53:30)		
	Deborah J. Morrin (32 57:23)		
	Cheryl A. Wagner (42 58:27)		

Men's Team Event

Men: 25+

1	D.C. Department of Recreation Masters	2:16:18	
	Paul A. Feters (41 42:21)		
	Matthew W. Feters (34 46:25)		
	Kevin P. Kirchner (39 47:32)		
2	Fairfax County Masters	2:35:35	
	Brian W. Ellis (27 47:53)		
	Michael J. Espino (31 53:17)		
	Tucker Newberry (32 54:25)		

Men: 35+

1	Northern Virginia Jewish Community Ctr.	3:20:00
	Joseph H. Kasimer (44 1:04:33)	
	Eric Kinneman (37 1:07:35)	
	Phillip L. Pearl (36 1:07:52)	

Men: 45+

1	Montgomery Ancient Mariners	2:46:46	MR
	Nick Olmos-lau (49 53:49)		
	David C. Harmon (45 56:03)		
	Alan N. Pollin (48 56:54)		

Mixed Team Event

Mixed: 25+

1	Fairfax County Masters	3:07:48
	Martin Arase (M 41 1:00:57)	
	Maureen P. Hart (F 30 1:02:25)	
	Claire M. Gallagher (F 29 1:04:26)	

Team Scoring

Combined: Division 1 (15+ Swimmers)

1	DC Masters	138.0
2	D.C. Department of Recreation Masters	125.5
3	Reston Masters Swim Team	119.0
4	Montgomery Ancient Mariners	94.0

Combined: Division 2 (1-14 Swimmers)

1	Fairfax County Masters	112.5
2	Terrapin Masters	41.0
3	Virginia Masters	37.0
4	National Capital YMCA	36.0
5	Northern Virginia Jewish Community Ctr.	33.0
6	NRL Recreation Club	27.0
7	Rockville Montgomery Swim Club	18.0
8	O*H*I*O Masters	15.0
9	Chinquapin Masters Swim Team	12.0
10	Bowie Aquatic Club	11.0
11	Oak Marr Masters	10.0
12	Colonials "1776"	8.0
13	Jersey Masters Swim Team	7.0
14	North Carolina Masters Swimming	6.0
15	The Capital Sea Devils Masters	5.0
16	Maryland Masters	4.0

Women: Division 1 (10+ Swimmers)

1	Reston Masters Swim Team	79.0
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Women: Division 2 (1-9 Swimmers)

1	DC Masters	65.0
2	Fairfax County Masters	55.0
3	Terrapin Masters	33.0
4	National Capital YMCA	22.0
	Virginia Masters	22.0
6	D.C. Department of Recreation Masters	15.0
7	Chinquapin Masters Swim Team	12.0
8	Rockville Montgomery Swim Club	9.0
9	Jersey Masters Swim Team	7.0
10	North Carolina Masters Swimming	6.0
11	NRL Recreation Club	5.0
	The Capital Sea Devils Masters	5.0
13	Montgomery Ancient Mariners	1.0

Men: Division 1 (10+ Swimmers)

1	D.C. Department of Recreation Masters	110.5
2	Montgomery Ancient Mariners	93.0
3	DC Masters	73.0
4	Reston Masters Swim Team	40.0

Men: Division 2 (1-9 Swimmers)

1	Fairfax County Masters	35.5
2	Northern Virginia Jewish Community Ctr.	33.0
3	NRL Recreation Club	22.0
4	O*H*I*O Masters	15.0
	Virginia Masters	15.0
6	National Capital YMCA	14.0
7	Bowie Aquatic Club	11.0
8	Oak Marr Masters	10.0
9	Rockville Montgomery Swim Club	9.0
10	Colonials "1776"	8.0
	Terrapin Masters	8.0
12	Maryland Masters	4.0