

## RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
1	208	Rob Jones	M	51	CHARLO	VA	20:34	1/23	M50-54	1/135	M
2	207	Kevin Ruby	M	43	FALLS	VA	20:42	1/16	M40-44	2/135	M
3	205	Erik Franklin	M	44	ARLING	VA	20:46	2/16	M40-44	3/135	M
4	210	Troy Sattgast	M	30	ARLING	VA	21:16	1/8	M30-34	4/135	M
5	204	Kevin Reed	M	44	KENSIN	MD	21:37	3/16	M40-44	5/135	M
6	219	Anne Sattgast	F	35	ARLING	VA	22:03	1/23	F35-39	1/123	F
7	211	Shannon Greene	F	30	ARLING	VA	22:10	1/11	F30-34	2/123	F
8	215	Paul Feters	M	62	FALLS	VA	22:33	1/12	M60-64	6/135	M
9	217	Lauren Fitzgerald	F	40	SPRING	VA	22:38	1/14	F40-44	3/123	F
10	214	Patrick Lee	M	35	ARLING	VA	22:43	1/12	M35-39	7/135	M
11	216	Ellen Lee	F	34	ARLING	VA	23:10	2/11	F30-34	4/123	F
12	495	Adam Orton	M	35			23:12	2/12	M35-39	8/135	M
13	209	Kathryn Madigan	F	40	ARLING	VA	23:18	2/14	F40-44	5/123	F
14	221	Shirley Loftus-Cha	F	64	AFTON	VA	23:36	1/4	F60-64	6/123	F
15	456	Louie Nardelli	M	37	STEPHE	VA	23:45	3/12	M35-39	9/135	M
16	233	David Belyea	M	55	ASHBUR	VA	23:49	1/30	M55-59	10/135	M
17	280	Richard Spencer	M	49	LOVETT	VA	24:07	1/19	M45-49	11/135	M
18	213	Sean Pinkney	M	31	UNIVER	OH	24:18	2/8	M30-34	12/135	M
19	212	Scott Schutzmeiste	M	51	SPRING	VA	24:22	2/23	M50-54	13/135	M
20	275	James Hess	M	52	ARLING	VA	24:35	3/23	M50-54	14/135	M
21	249	Greg Nelson	M	56	OLNEY	MD	24:50	2/30	M55-59	15/135	M
22	218	Chuck Beatty	M	57	AKRON	OH	24:50	3/30	M55-59	16/135	M
23	465	Nathan Dean	M	41	FAIRFA	VA	24:52	4/16	M40-44	17/135	M
24	482	Eric Engstrom	M	41			24:56	5/16	M40-44	18/135	M
25	242	Ellen MacGregor	F	49	VIENNA	VA	24:58	1/24	F45-49	7/123	F

## RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
26	238	David Deitch	M	52	MCLEAN	VA	24:59	4/23	M50-54	19/135	M
27	228	Matt Rees	M	48	MCLEAN	VA	25:04	2/19	M45-49	20/135	M
28	460	Sam Scoggin	M	55	RESTON	VA	25:11	4/30	M55-59	21/135	M
29	222	Shannon Prendergas	F	41	OAKTON	VA	25:16	3/14	F40-44	8/123	F
30	241	David Brown	M	54	LIGHTF	VA	25:35	5/23	M50-54	22/135	M
31	225	Christopher Brown	M	24	WARNER	NE	25:44	1/4	M18-24	23/135	M
32	259	Jamie McClellan	F	53	RESTON	VA	25:50	1/24	F50-54	9/123	F
33	277	Charles Thomas	M	63	KENNET	PA	25:59	2/12	M60-64	24/135	M
34	220	Jay Jacobs	M	48	VIENNA	VA	26:00	3/19	M45-49	25/135	M
35	239	Daniel Pick	M	59	ANNAND	VA	26:08	5/30	M55-59	26/135	M
36	232	David Varner	M	55	ARLING	VA	26:10	6/30	M55-59	27/135	M
37	223	Greg Brown	M	36	DALTON	PA	26:13	4/12	M35-39	28/135	M
38	236	Victoria Anderson	F	35	WASHIN	DC	26:14	2/23	F35-39	10/123	F
39	251	Michael Willett	M	57	RESTON	VA	26:25	7/30	M55-59	29/135	M
40	247	Marlene Becker	F	52	FAIRFA	VA	26:26	2/24	F50-54	11/123	F
41	265	Aram Thomasian	M	30	RESTON	VA	26:29	3/8	M30-34	30/135	M
42	226	Kathryn Paterson	F	24	THROOP	PA	26:30	1/4	F18-24	12/123	F
43	464	Shannon Sullivan	F	40	WASHIN	DC	26:30	4/14	F40-44	13/123	F
44	237	Jon Watson	M	58	FAIRFA	VA	26:35	8/30	M55-59	31/135	M
45	298	Ryan Rudiger	M	28	GLEN B	MD	26:38	1/1	M25-29	32/135	M
46	269	Jason Davidson	M	43	SPRING	VA	26:58	6/16	M40-44	33/135	M
47	231	Christopher Masson	M	57	WINCHE	VA	27:01	9/30	M55-59	34/135	M
48	246	Alan Tober	M	55	ARLING	VA	27:06	10/30	M55-59	35/135	M
49	253	Doug Sanford	M	57	ROCKVI	MD	27:07	11/30	M55-59	36/135	M
50	244	Mandy Dawson	F	54	RESTON	VA	27:09	3/24	F50-54	14/123	F

## RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
51	279	Paul Bales	M	57	FORT W	MD	27:12	12/30	M55-59	37/135	M
52	250	Stephen Harwit-Whe	M	55	CULPEP	VA	27:13	13/30	M55-59	38/135	M
53	270	Thomas Black	M	56	VIENNA	VA	27:18	14/30	M55-59	39/135	M
54	263	Gladys Arrisueno	F	37	SILVER	MD	27:21	3/23	F35-39	15/123	F
55	293	Daniel Thomas	M	53	BOWIE	MD	27:27	6/23	M50-54	40/135	M
56	245	Laura Jones	F	50	CHARLO	VA	27:30	4/24	F50-54	16/123	F
57	463	Richard Fitzgerald	M	53	HIGHLA	MD	27:32	7/23	M50-54	41/135	M
58	490	Leslie Anchor	F	53			27:40	5/24	F50-54	17/123	F
59	287	Mark Wainwright	M	48	ALEXAN	VA	27:41	4/19	M45-49	42/135	M
60	282	Garret Sern	M	47	WASHIN	DC	27:43	5/19	M45-49	43/135	M
61	201	Kathryn McCabe	F	38	ARLING	VA	27:46	4/23	F35-39	18/123	F
62	268	Jeremy Worst	M	53	WARREN	VA	27:47	8/23	M50-54	44/135	M
63	273	Sean Collins	M	57	MC LEA	VA	27:53	15/30	M55-59	45/135	M
64	295	Dave Black	M	52	WINCHE	VA	27:55	9/23	M50-54	46/135	M
65	297	John Gregory	M	61	NEW OX	PA	28:03	3/12	M60-64	47/135	M
66	240	David Connor	M	48	FAIRFA	VA	28:04	6/19	M45-49	48/135	M
67	229	Thomas Evans	M	19	HERNDO	VA	28:05	2/4	M18-24	49/135	M
68	294	Lisa Hughes	F	49	RESTON	VA	28:05	2/24	F45-49	19/123	F
69	296	George Hodges-Fult	M	40	RESTON	VA	28:06	7/16	M40-44	50/135	M
70	307	Joseph O'Gorman	M	68	RESTON	VA	28:08	1/7	M65-69	51/135	M
71	235	Matthew Williams	M	37	WILLIA	VA	28:20	5/12	M35-39	52/135	M
72	278	John Isbister	M	62	ELLICO	MD	28:23	4/12	M60-64	53/135	M
73	309	Jaes Leimkuhler	M	70	MCLEAN	VA	28:23	1/2	M70-74	54/135	M
74	488	Patricia Collins	F	47			28:25	3/24	F45-49	20/123	F
75	322	Mary Klaff	F	50	POTOMA	VA	28:26	6/24	F50-54	21/123	F

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Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
76	254	Adam Bussey	M	34	BALTIM	MD	28:27	4/8	M30-34	55/135	M
77	255	Sara Swenson	F	39	RESTON	VA	28:38	5/23	F35-39	22/123	F
78	492	Jason Somensatto	M	34			28:40	5/8	M30-34	56/135	M
79	284	Elizabeth Omasta	F	41	WASHIN	DC	28:51	5/14	F40-44	23/123	F
80	503	Mary Meyers	F	48			28:54	4/24	F45-49	24/123	F
81	252	Ingrid Mercer	F	41	ARLING	VA	29:03	6/14	F40-44	25/123	F
82	267	Delmar Arnold	M	51	WINCHE	VA	29:04	10/23	M50-54	57/135	M
83	717	Stephen Godwin	M	62	BETHES	MD	29:07	5/12	M60-64	58/135	M
84	342	William Sullivan	M	51	MC LEA	VA	29:07	11/23	M50-54	59/135	M
85	289	Anneliese Thomson	F	57	ELLICO	MD	29:09	1/13	F55-59	26/123	F
86	234	Catherine Old	F	38	GREENS	NC	29:11	6/23	F35-39	27/123	F
87	331	Jeffrey Poston	M	54	CHEVY	MD	29:11	12/23	M50-54	60/135	M
88	274	Bradford Charles	M	59	LEBANO	PA	29:14	16/30	M55-59	61/135	M
89	285	Anthony Wynes	M	46	RESTON	VA	29:22	7/19	M45-49	62/135	M
90	302	Todd Laverty	M	58	ASHBUR	VA	29:23	17/30	M55-59	63/135	M
91	248	Willis Braswell	M	71	ARLING	VA	29:27	2/2	M70-74	64/135	M
92	261	Catherine Geiszler	F	47	FAIRFA	VA	29:27	5/24	F45-49	28/123	F
93	457	Jennifer Medina	F	36	FALLS	VA	29:28	7/23	F35-39	29/123	F
94	320	Robert Brennan	M	46	SILVER	MD	29:34	8/19	M45-49	65/135	M
95	420	Grady Hough	M	46	RESTON	VA	29:35	9/19	M45-49	66/135	M
96	487	Kathleen Pruess	F	32			29:36	3/11	F30-34	30/123	F
97	202	Peter Ahlers	M	20	OLNEY	MD	29:45	3/4	M18-24	67/135	M
98	311	Beth Maline	F	63	HERNDO	VA	29:54	2/4	F60-64	31/123	F
99	203	Stephen Ahlers	M	59	OLNEY	MD	29:54	18/30	M55-59	68/135	M
100	324	Patricia Hickey	F	47	ARLING	VA	29:56	6/24	F45-49	32/123	F

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Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
101	264	Deborah Gilgore	F	56	BETHES	MD	29:59	2/13	F55-59	33/123	F
102	224	Carolyn Rogers-Viz	F	36	WESTWO	MA	30:01	8/23	F35-39	34/123	F
103	306	Angela Melton	F	45	KENSIN	MD	30:04	7/24	F45-49	35/123	F
104	365	Sam Russo	M	40	ASHBUR	VA	30:06	8/16	M40-44	69/135	M
105	827	Polly Nagell	F	50	MCLEAN	VA	30:18	7/24	F50-54	36/123	F
106	272	Michael Cura	M	55	ASHBUR	VA	30:22	19/30	M55-59	70/135	M
107	301	Stephanie Van Bebb	F	43	FAIRFA	VA	30:40	7/14	F40-44	37/123	F
108	500	Ron Friedman	M	56			30:52	20/30	M55-59	71/135	M
109	344	Mark Raiford	M	51	BOSTON	VA	30:54	13/23	M50-54	72/135	M
110	462	David Saybolt	M	53	BETHES	MD	30:55	14/23	M50-54	73/135	M
111	271	Richard Wallace	M	68	MANALA	NJ	30:58	2/7	M65-69	74/135	M
112	325	Jennifer Scott	F	44	ELLICO	MD	30:58	8/14	F40-44	38/123	F
113	349	Shannon Maguire	F	39	ARLING	VA	31:03	9/23	F35-39	39/123	F
114	317	Raghu Gopalan	M	39	SILVER	MD	31:08	6/12	M35-39	75/135	M
115	337	Katherine Hawley	F	35	ALEXAN	VA	31:08	10/23	F35-39	40/123	F
116	377	Andrea Smith	F	53	FALLS	VA	31:13	8/24	F50-54	41/123	F
117	339	Kimberly Shoop	F	54	RESTON	VA	31:19	9/24	F50-54	42/123	F
118	281	Stuart Tenhoor	M	62	COLUMB	MD	31:23	6/12	M60-64	76/135	M
119	335	Dmitriy Zhigunov	M	21	RESTON	VA	31:30	4/4	M18-24	77/135	M
120	266	Howard Craddock	M	62	CHARLO	VA	31:35	7/12	M60-64	78/135	M
121	310	Joseph Maline	M	63	HERNDO	VA	31:36	8/12	M60-64	79/135	M
122	353	Marty Byer	M	59	POTOMA	MD	31:41	21/30	M55-59	80/135	M
123	341	Douglas Weeks	M	48	SILVER	MD	31:41	10/19	M45-49	81/135	M
124	312	Cliff Hamal	M	58	VIENNA	VA	31:47	22/30	M55-59	82/135	M
125	303	Michele MacAry	F	32	RESTON	VA	31:50	4/11	F30-34	43/123	F

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Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
126	227	Maria Dewing	F	52	SPRING	VA	31:52	10/24	F50-54	44/123	F
127	299	Joseph Kasimer	M	65	ANNAND	VA	31:56	3/7	M65-69	83/135	M
128	260	Bonnie Algera	F	39	ALDIE	VA	31:58	11/23	F35-39	45/123	F
129	367	James Willett	M	63	RESTON	VA	31:58	9/12	M60-64	84/135	M
130	292	Jeff Bowers	M	55	ASHBUR	VA	32:02	23/30	M55-59	85/135	M
131	230	Jaclyn Davidson	F	37	WASHIN	DC	32:04	12/23	F35-39	46/123	F
132	290	Carol Shuford	F	49	ALEXAN	VA	32:12	8/24	F45-49	47/123	F
133	288	Kaitlin Crile	F	32	FALLS	VA	32:19	5/11	F30-34	48/123	F
134	458	Guy Neal	M	48	ALEXAN	VA	32:22	11/19	M45-49	86/135	M
135	388	Leah Mechanic	F	43	KENSIN	MD	32:25	9/14	F40-44	49/123	F
136	340	Daniel Jones	M	59	FAIRFA	VA	32:26	24/30	M55-59	87/135	M
137	394	Cheryl Bruner	F	57	WASHIN	DC	32:35	3/13	F55-59	50/123	F
138	391	Thomas Magalski	M	45	SILVER	MD	32:35	12/19	M45-49	88/135	M
139	370	Austin Huang	M	37	NORTH	MD	32:36	7/12	M35-39	89/135	M
140	483	Kris Petersen	F	51			32:44	11/24	F50-54	51/123	F
141	327	Anna Newcomb	F	52	VIENNA	VA	32:47	12/24	F50-54	52/123	F
142	305	Lauren Hicks	F	22	CENTRE	VA	32:47	2/4	F18-24	53/123	F
143	351	Nicole Thomas	F	55	OLNEY	MD	32:49	4/13	F55-59	54/123	F
144	372	Michael Bennett	M	47	RESTON	VA	32:55	13/19	M45-49	90/135	M
145	256	Ellen Reynolds	F	24	ALEXAN	VA	32:56	3/4	F18-24	55/123	F
146	390	Abby Glassberg	F	56	CLARKS	MD	32:56	5/13	F55-59	56/123	F
147	410	David English	M	43	ALEXAN	VI	33:04	9/16	M40-44	91/135	M
148	418	Alison Russell	F	53	CATONS	MD	33:15	13/24	F50-54	57/123	F
149	362	Kim Rally	F	32	ASHBUR	VA	33:21	6/11	F30-34	58/123	F
150	376	Stephen Smith	M	53	FALLS	VA	33:21	15/23	M50-54	92/135	M

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Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
151	347	Susanna Lee	F	46	WASHIN	DC	33:22	9/24	F45-49	59/123	F
152	276	Susan Kasimer	F	34	MCLEAN	VA	33:31	7/11	F30-34	60/123	F
153	413	Mari Smallshaw	F	49	LYNCHB	VA	33:36	10/24	F45-49	61/123	F
154	356	Patrick Maloney	M	41	WOODBR	VA	33:43	10/16	M40-44	93/135	M
155	422	Allen Kampf	M	65	SPARKS	MD	33:43	4/7	M65-69	94/135	M
156	375	Meghan Gollhofer	F	31	ARLING	VA	33:48	8/11	F30-34	62/123	F
157	366	Sean Park	M	37	POTOMA	MD	33:49	8/12	M35-39	95/135	M
158	346	Sergey Zhigunov	M	50	RESTON	VA	33:49	16/23	M50-54	96/135	M
159	494	Jefferson Marks	M	41			33:55	11/16	M40-44	97/135	M
160	380	Erin Schultz	F	52	RESTON	VA	33:59	14/24	F50-54	63/123	F
161	389	Carole Owen	F	55	ELLICO	MD	33:59	6/13	F55-59	64/123	F
162	336	Kim Truitt	F	49	RESTON	VA	34:03	11/24	F45-49	65/123	F
163	469	Hj Wicko	M	41			34:07	12/16	M40-44	98/135	M
164	258	Sarah Thorson	F	21	PACIFI	CA	34:08	4/4	F18-24	66/123	F
165	371	Lori Whitehand	F	55	FALLS	VA	34:10	7/13	F55-59	67/123	F
166	300	Bill Harper	M	48	FALLS	VA	34:10	14/19	M45-49	99/135	M
167	383	Tara Inverso	F	35	ROCKVI	MD	34:15	13/23	F35-39	68/123	F
168	369	Allison Medina	F	38	FALLS	VA	34:20	14/23	F35-39	69/123	F
169	467	Thomas Murray	M	59	ALEXAN	VA	34:30	25/30	M55-59	100/135	M
170	330	Susan Beach	F	54	ROCKVI	MD	34:31	15/24	F50-54	70/123	F
171	485	Ashley Fry	F	30			34:37	9/11	F30-34	71/123	F
172	318	Jodi Hope Anderson	F	51	ROCKVI	MD	34:47	16/24	F50-54	72/123	F
173	379	Gordon Newcomb	M	55	VIENNA	VA	34:48	26/30	M55-59	101/135	M
174	820	Mac Cauley	M	68	ASHBUR	VA	34:52	5/7	M65-69	102/135	M
175	319	Cecilia Murach	F	38	HALETH	MD	34:52	15/23	F35-39	73/123	F

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Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
176	291	Maureen Williams	F	49	ALEXAN	VA	34:59	12/24	F45-49	74/123	F
177	392	David Breese	M	69	RESTON	VA	35:01	6/7	M65-69	103/135	M
178	350	Kimberly Light	F	57	VIENNA	VA	35:02	8/13	F55-59	75/123	F
179	386	Kate Dowling	F	52	WASHIN	DC	35:07	17/24	F50-54	76/123	F
180	437	Elizabeth Fairweat	F	37	RESTON	VA	35:13	16/23	F35-39	77/123	F
181	361	Kathleen Doswell	F	66	COLUMB	VA	35:14	1/4	F65-69	78/123	F
182	382	Monique McDonough	F	42	WASHIN	DC	35:14	10/14	F40-44	79/123	F
183	368	Kevin Sullivan	M	50	RESTON	VA	35:14	17/23	M50-54	104/135	M
184	360	Louise Hyder-Darli	F	55	ELIZAB	PA	35:16	9/13	F55-59	80/123	F
185	355	Karin Spencer	F	48	LOVETT	VA	35:21	13/24	F45-49	81/123	F
186	334	Pablo Smiraglia	M	41	HERNDO	VA	35:27	13/16	M40-44	105/135	M
187	364	John Day	M	48	OAKTON	VA	35:32	15/19	M45-49	106/135	M
188	468	Jill Roser	F	38	ANNAND	VA	35:33	17/23	F35-39	82/123	F
189	447	David Wyer	M	43	FAIRFA	VA	35:39	14/16	M40-44	107/135	M
190	385	Christy Murrell	F	47	CENTRE	VA	35:44	14/24	F45-49	83/123	F
191	387	Ward Howick	M	60	BURKE	VI	35:47	10/12	M60-64	108/135	M
192	412	Wendy Aaronson	F	61	ROCKVI	MD	35:57	3/4	F60-64	84/123	F
193	810	Christopher Owens	M	36	ARLING	VA	36:11	9/12	M35-39	109/135	M
194	357	Diana Corbin	F	48	BELTSV	MD	36:13	15/24	F45-49	85/123	F
195	363	Melissa Czarnecki	F	43	BURKE	VA	36:16	11/14	F40-44	86/123	F
196	414	Karen Ashbrook-Bar	F	46	VIENNA	VA	36:21	16/24	F45-49	87/123	F
197	406	Sherri Brothers	F	42	ALEXAN	VA	36:35	12/14	F40-44	88/123	F
198	486	Andrew Stevenson	M	53			36:41	18/23	M50-54	110/135	M
199	438	Paul Dimmerling	M	34	GAITHE	MA	36:43	6/8	M30-34	111/135	M



200 345 Katie Townsend F 38 ARLING VA 36:48 18/23 F35-39 89/123 F

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RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
201	308	Elizabeth Baumgart	F	59	STONE	VA	36:48	10/13	F55-59	90/123	F
202	407	Aileen Roder	F	45	WASHIN	DC	36:49	17/24	F45-49	91/123	F
203	321	Justin Fabian	M	31	CHANTI	VA	36:51	7/8	M30-34	112/135	M
204	348	Julie Rome	F	54	OAK HI	VA	36:58	18/24	F50-54	92/123	F
205	411	Brian Denard	M	58	OXON H	MD	37:18	27/30	M55-59	113/135	M
206	393	Richard Bockman	M	58	OAKTON	VA	37:27	28/30	M55-59	114/135	M
207	399	Frank Purcell	M	50	HERNDO	VA	37:53	19/23	M50-54	115/135	M
208	443	Richard Langley	M	68	VIENNA	VA	37:55	7/7	M65-69	116/135	M
209	489	William Cunningham	M	53			37:58	20/23	M50-54	117/135	M
210	496	Virginia Fontana	F	45			37:59	18/24	F45-49	93/123	F
211	329	Tyler Bronder	M	34	WASHIN	DC	38:12	8/8	M30-34	118/135	M
212	430	Gordon Gerson	M	79	RESTON	VA	38:24	1/1	M75-79	119/135	M
213	408	Kathleen Larkin	F	57	VIENNA	VA	38:36	11/13	F55-59	94/123	F
214	440	Anna Necheles	F	51	ARLING	VA	38:42	19/24	F50-54	95/123	F
215	446	Hugh Darlington	M	59	ELIZAB	PA	38:42	29/30	M55-59	120/135	M
216	315	Donna Sumption	F	52	ARLING	VA	38:50	20/24	F50-54	96/123	F
217	358	Ekaterina Pinkney	F	32	UNIVER	OH	38:56	10/11	F30-34	97/123	F
218	381	Megan Ruyle	F	36	CHEVER	MD	38:56	19/23	F35-39	98/123	F
219	396	Allyson Adams	F	51	OLNEY	MD	38:59	21/24	F50-54	99/123	F
220	423	Eileen Sullivan	F	47	RESTON	VA	39:04	19/24	F45-49	100/123	F
221	398	David Stiglitz	M	46	RESTON	VA	39:10	16/19	M45-49	121/135	M
222	484	Shanda Finnegan	F	42			39:20	13/14	F40-44	101/123	F
223	378	Lucy Manheim	F	73	FAIRFA	VA	39:38	1/2	F70+	102/123	F
224	445	Sophie Dennison-Gi	F	39	OAKTON	VA	39:45	20/23	F35-39	103/123	F

225 401 Kevin Takeguchi M 37 ARLING VA 40:00 10/12 M35-39 122/135 M

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RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
226	499	Kimberly Kramer	F	38			40:00	21/23	F35-39	104/123	F
227	434	Valerie Hall	F	49	GAITHE	MD	40:02	20/24	F45-49	105/123	F
228	373	Dario Baratto	M	51	STERLI	VA	40:10	21/23	M50-54	123/135	M
229	840	Tamara Smith	F	57	FALLS	VA	40:13	12/13	F55-59	106/123	F
230	403	Michael Cohen	M	43	GREENB	MD	40:20	15/16	M40-44	124/135	M
231	419	Douglas Siamon	M	50	OAK HI	VA	40:27	22/23	M50-54	125/135	M
232	466	Karen Gibbs	F	58	ALEXAN	VA	40:31	13/13	F55-59	107/123	F
233	450	Lee Langford	M	60	FAIRFA	VA	40:32	11/12	M60-64	126/135	M
234	436	Theresa Thomas	F	47	BOWIE	MD	40:34	21/24	F45-49	108/123	F
235	416	Navid Mehdizadeh	M	45	RESTON	VA	40:59	17/19	M45-49	127/135	M
236	400	Ruth Hamilton	F	68	MCLEAN	VA	41:26	2/4	F65-69	109/123	F
237	448	Bronson Armstrong	M	53	MARSHA	VA	41:48	23/23	M50-54	128/135	M
238	439	Gaurav Harode	M	39	ASHBUR	VA	42:06	11/12	M35-39	129/135	M
239	444	Janet Strudwick	F	53	SILVER	MD	42:20	22/24	F50-54	110/123	F
240	397	Mark Fostek	M	45	FAIRFA	VA	42:37	18/19	M45-49	130/135	M
241	455	Ann Hoffman	F	60	ROCKVI	MD	42:40	4/4	F60-64	111/123	F
242	323	Scott Ray	M	58	NORTH	MD	42:52	30/30	M55-59	131/135	M
243	459	Bill Garcia	M	63	MCLEAN	VA	42:56	12/12	M60-64	132/135	M
244	421	Catherine Ugarte	F	46	SPRING	VA	43:37	22/24	F45-49	112/123	F
245	432	Maura Demouy	F	49	BETHES	MD	44:48	23/24	F45-49	113/123	F
246	415	Kristen Willard	F	34	ALEXAN	VA	45:42	11/11	F30-34	114/123	F
247	435	Karen Hannam	F	75	ALEXAN	VA	46:16	2/2	F70+	115/123	F
248	433	Jason Floyd	M	44	WASHIN	DC	46:37	16/16	M40-44	133/135	M

249	493	Todd Weeks	M	45			46:50	19/19	M45-49	134/135	M
250	441	Akniyet Imambekov	M	35	CENTRE	VA	47:04	12/12	M35-39	135/135	M

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RESULTS - 1 MILE SWIM

Place	Bib#	Name	Gen	Age	City	St	1miler	Div/Tot	Div	Gen/Tot	G
=====	=====	=====	===	===	=====	==	=====	=====	=====	=====	=
251	314	Hannah Phillips	F	37	RESTON	VA	48:28	22/23	F35-39	116/123	F
252	449	Jennifer Johnston	F	68	ANNAND	VA	48:50	3/4	F65-69	117/123	F
253	405	Kathleen Cauley	F	66	ASHBUR	VA	48:51	4/4	F65-69	118/123	F
254	453	Mary Mineiro	F	50	BRISTO	VA	50:57	23/24	F50-54	119/123	F
255	428	Jennifer MacKs	F	43	SOUTH	VA	51:12	14/14	F40-44	120/123	F
256	409	Karen Pence	F	45	WASHIN	DC	52:06	24/24	F45-49	121/123	F
257	417	Leslie Vasquez	F	37	ARLING	VI	56:56	23/23	F35-39	122/123	F
258	333	Stephanie Sugg	F	52	SILVER	MD	59:18	24/24	F50-54	123/123	F