

1 MILE NO WETSUIT AGE GROUP WINNERS

MALE AGE GROUP: 18 - 24 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	225	1MNW	Christopher Brown	M	24	WARNERVILLE	NE	25:44
2	229	1MNW	Thomas Evans	M	19	HERNDON	VA	28:05
3	202	1MNW	Peter Ahlers	M	20	OLNEY	MD	29:45
4	335	1MNW	Dmitriy Zhigunov	M	21	RESTON	VA	31:30

FEMALE AGE GROUP: 18 - 24 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	226	1MNW	Kathryn Paterson	F	24	THROOP	PA	26:30
2	305	1MNW	Lauren Hicks	F	22	CENTREVILLE	VA	32:47
3	258	1MNW	Sarah Thorson	F	21	PACIFIC PALI	CA	34:08

MALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	213	1MNW	Sean Pinkney	M	31	UNIVERSITY H	OH	24:18
2	265	1MNW	Aram Thomasian	M	30	RESTON	VA	26:29
3	254	1MNW	Adam Bussey	M	34	BALTIMORE	MD	28:27
4	492	1MNW	Jason Somensatto	M	34			28:40
5	438	1MNW	Paul Dimmerling	M	34	GAITHERSBURG	MA	36:43

FEMALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	211	1MNW	Shannon Greene	F	30	ARLINGTON	VA	22:10
2	216	1MNW	Ellen Lee	F	34	ARLINGTON	VA	23:10
3	303	1MNW	Michele MacAry	F	32	RESTON	VA	31:50
4	276	1MNW	Susan Kasimer	F	34	MCLEAN	VA	33:31
5	375	1MNW	Meghan Gollhofer	F	31	ARLINGTON	VA	33:48

MALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	214	1MNW	Patrick Lee	M	35	ARLINGTON	VA	22:43
2	235	1MNW	Matthew Williams	M	37	WILLIAMSBURG	VA	28:20
3	401	1MNW	Kevin Takeguchi	M	37	ARLINGTON	VA	40:00

FEMALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	236	1MNW	Victoria Anderson	F	35	WASHINGTON	DC	26:14
2	201	1MNW	Kathryn McCabe	F	38	ARLINGTON	VA	27:46
3	255	1MNW	Sara Swenson	F	39	RESTON	VA	28:38
4	234	1MNW	Catherine Old	F	38	GREENSBORO	NC	29:11
5	224	1MNW	Carolyn Rogers-Viz	F	36	WESTWOOD	MA	30:01

MALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	205	1MNW	Erik Franklin	M	44	ARLINGTON	VA	20:46
2	465	1MNW	Nathan Dean	M	41	FAIRFAX	VA	24:52
3	482	1MNW	Eric Engstrom	M	41			24:56
4	410	1MNW	David English	M	43	ALEXANDRIA	VI	33:04
5	494	1MNW	Jefferson Marks	M	41			33:55

FEMALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	217	1MNW	Lauren Fitzgerald	F	40	SPRINGFIELD	VA	22:38
2	209	1MNW	Kathryn Madigan	F	40	ARLINGTON	VA	23:18
3	222	1MNW	Shannon Prendergas	F	41	OAKTON	VA	25:16
4	464	1MNW	Shannon Sullivan	F	40	WASHINGTON	DC	26:30
5	252	1MNW	Ingrid Mercer	F	41	ARLINGTON	VA	29:03

MALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	228	1MNW	Matt Rees	M	48	MCLEAN	VA	25:04
2	282	1MNW	Garret Sern	M	47	WASHINGTON	DC	27:43
3	285	1MNW	Anthony Wynes	M	46	RESTON	VA	29:22
4	420	1MNW	Grady Hough	M	46	RESTON	VA	29:35
5	300	1MNW	Bill Harper	M	48	FALLS CHURCH	VA	34:10

FEMALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	242	1MNW	Ellen MacGregor	F	49	VIENNA	VA	24:58
2	261	1MNW	Catherine Geiszler	F	47	FAIRFAX	VA	29:27
3	290	1MNW	Carol Shuford	F	49	ALEXANDRIA	VA	32:12
4	291	1MNW	Maureen Williams	F	49	ALEXANDRIA	VA	34:59
5	355	1MNW	Karin Spencer	F	48	LOVETTSVILLE	VA	35:21

MALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	208	1MNW	Rob Jones	M	51	CHARLOTTESVI	VA	20:34
2	212	1MNW	Scott Schutzmeiste	M	51	SPRINGFIELD	VA	24:22
3	241	1MNW	David Brown	M	54	LIGHTFOOT	VA	25:35
4	268	1MNW	Jeremy Worst	M	53	WARRENTON	VA	27:47
5	376	1MNW	Stephen Smith	M	53	FALLS CHURCH	VA	33:21

FEMALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	259	1MNW	Jamie McClellan	F	53	RESTON	VA	25:50
2	247	1MNW	Marlene Becker	F	52	FAIRFAX	VA	26:26
3	244	1MNW	Mandy Dawson	F	54	RESTON	VA	27:09
4	245	1MNW	Laura Jones	F	50	CHARLOTTESVI	VA	27:30
5	377	1MNW	Andrea Smith	F	53	FALLS CHURCH	VA	31:13

MALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	218	1MNW	Chuck Beatty	M	57	AKRON	OH	24:50
2	460	1MNW	Sam Scoggin	M	55	RESTON	VA	25:11
3	239	1MNW	Daniel Pick	M	59	ANNANDALE	VA	26:08
4	232	1MNW	David Varner	M	55	ARLINGTON	VA	26:10
5	237	1MNW	Jon Watson	M	58	FAIRFAX	VA	26:35

FEMALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	394	1MNW	Cheryl Bruner	F	57	WASHINGTON	DC	32:35
2	371	1MNW	Lori Whitehand	F	55	FALLS CHURCH	VA	34:10
3	360	1MNW	Louise Hyder-Darli	F	55	ELIZABETHTOW	PA	35:16

MALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	215	1MNW	Paul Fetters	M	62	FALLS CHURCH	VA	22:33
2	281	1MNW	Stuart Tenhoor	M	62	COLUMBIA	MD	31:23
3	266	1MNW	Howard Craddock	M	62	CHARLOTTESEVI	VA	31:35
4	367	1MNW	James Willett	M	63	RESTON	VA	31:58
5	387	1MNW	Ward Howick	M	60	BURKE	VI	35:47

FEMALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	221	1MNW	Shirley Loftus-Cha	F	64	AFTON	VA	23:36

MALE AGE GROUP: 65 - 69 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	271	1MNW	Richard Wallace	M	68	MANALAPAN	NJ	30:58
2	820	1MNW	Mac Cauley	M	68	ASHBURN	VA	34:52

FEMALE AGE GROUP: 65 - 99 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	405	1MNW	Kathleen Cauley	F	66	ASHBURN	VA	48:51

MALE AGE GROUP: 70 - 74 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	248	1MNW	Willis Braswell	M	71	ARLINGTON	VA	29:27