



## Jim McDonnell Lake Swims

Location: Lake Audubon, Reston, VA

Date: Sunday May 25-26, 2013

Hosted by: Reston Masters Swim Team

Meet Director: Larry Paulson

Email: laurence.paulson@gmail.com

### 2013 JMLS Lake Swims 1-Mile No Wet Suit Results

DIV		Last	First	Age	Team	Time	Gen PI	Overall PI
F18-24	1	NUNN	ABIGAIL	23	SPRY	20:58	1	2
	2	PATERSON	KATHRYN	21	OEVT	26:43	5	13
	3	TROYAN	JESSI	23	GMUP	31:51	14	31
F18-24	4	NOLL	JENNIFER	23	ANCM	43:23	25	56
	1	AEPLI	LAUREN	25	VMST	25:37	4	9
F30-34	1	FRY-JONES	JESSICA	33	RMST	27:53	8	18
	2	ANDERSON	VICTORIA	32	DCRP	28:17	9	20
	3	MANG	CLARE	30	COLU	29:45	11	24
	4	HAWLEY	KATHERINE	32	FXCM	30:54	13	28
	5	PEDERSON	DEBORAH	34	FXCM	33:20	17	37
	6	KASIMER	SUSAN	31	JCCN	33:30	18	38
F35-39	1	FITZGERALD	LAUREN	37	FXCM	25:03	3	6
	2	PRENDERGAST	SHANNON	38	FXCM	26:55	6	16
	3	NEWMAN	LEIGH	39	MOST	32:16	15	34
	4	GILLSON	M. ELIZABETH	39	OEVT	37:00	22	46
	5	LAVEZZARI	GABRIELA	37	OEVT	48:53	28	60
F40-44	1	CARUSO	KRISTIN BREATA	41	LAMS	27:12	7	17
	2	MCQUEEN	TIFFANY	40	UNAT	32:24	16	35
	3	SWOL	CAROL-LYNN	43	UNAT	34:47	19	41
	4	MAGUIRE	COLLEEN	40	OEVT	36:16	20	44
	5	HANCOCK	MELISSA	44	FXCM	39:10	24	52
	6	RIGGINS	TAMMY	42	OEVT	44:16	26	57
F45-49	1	ADAMS	ALLYSON	48	TERR	36:50	21	45

F50-54	1	DAWSON	MANDY	51	RMST	28:20	10	21
	2	GREEN	KARLA	54	OEVT	39:08	23	51
F55-59	1	DUNSTAN	SARAH	59	VMST	30:42	12	26
F60-64	1	LOFTUS-CHARLEY	SHIRLEY	61	VMST	24:47	2	5
F70+	1	MANHEIM	LUCY	70	RMST	48:10	27	59
M18-24	1	CHOW	KYLE	23	SPRY	25:54	6	10
M25-29	1	LEON	ROBERTO	27	UNAT	24:01	3	4
	2	BERGSTROM	NICK	26	OEVT	39:03	28	50
M30-34	1	HICKS	JEFF	31	ARMS	20:54	1	1
	2	STOLAR	ALEXANDER	30	WAV1	36:05	24	43
M35-39	1	PIET	MICHAEL	36	FXCM	25:05	4	7
	2	HERSHEY	BARCLAY	37	O*H*	33:37	21	39
	3	RAUT	ANANT	37	OEVT	37:12	25	47
M40-44	1	HOUGH	GRADY	43	OEVT	28:02	11	19
	2	JONES	BENJAMIN	40	UNAT	29:00	12	22
	3	PERSSON	NIKLAS	43	METR	32:07	18	32
	4	YEAGER	RAYMOND	44	ANCM	40:07	31	55
	5	COHEN	MICHAEL	40	OEVT	52:43	33	61
M45-49	1	REES	MATT	45	MASH	25:28	5	8
	2	MORGAN	BRIAN	46	OEVT	29:34	13	23
	3	EDMUNDS	MARK	46	FXCM	30:10	14	25
	4	TALBOTT	JAY	47	ANCM	33:08	20	36
	5	NORRIS	MARK	46	OEVT	46:33	32	58
M50-54	1	SHACKLEY	DAVID	50	UNAT	23:42	2	3
	2	INGHOLT	PAUL	52	UNAT	26:47	9	14
	3	SNELL	AL	54	UNAT	31:13	17	30
	4	SCOTT	EVAN	54	UNAT	37:24	26	48
	5	BUCHEN	CHRIS	50	OEVT	38:03	27	49
M55-59	1	WATSON	JON	55	OEVT	26:30	8	12
	2	DENES	THOMAS	55	ANCM	26:53	10	15
	3	CRADDOCK	HOWARD	59	VMST	30:58	16	29

	4	HARTKE	PAUL	59	OEVT	32:12	19	33
	5	TUPITZA	CHARLES	58	WAVA	34:03	22	40
	6	STACY	JOHN	56	UNAT	39:41	29	53
	7	DENARD	BRIAN	55	OEVT	40:03	30	54
M60-64	1	SANDER	DAVID	60	FXCM	26:22	7	11
	2	THOMAS	CHARLES	60	UNAT	30:50	15	27
	3	PAULSON	LAURENCE	64	RMST	35:12	23	42